



Drug & Alcohol Prevention Policy and Drug and Alcohol Abuse Prevention Program (DAAPP)

Substance Abuse

Crestmont University is firmly committed to providing a safe and healthy learning environment for all students and faculty. Consistent with this commitment, CIU has strengthened its stand against drug and alcohol use. In compliance with sections 120(a) through (d) of The Higher Education Act of 1965, as amended, including the Drugfree Schools and Communities Amendments of 1989 (Public Law 101-226), the Crestmont University Drug and Alcohol Prevention Policy is provided to all students annually. Student involvement with illegal drugs, controlled substances, or alcohol can negatively impact the student's ability to perform his/her/their academic duties.

Definitions

Illegal drug means any drug which is an illicit drug and not legally obtainable or which is legally obtainable but has not been legally obtained. This term also includes prescribed drugs not legally obtained and prescribed drugs, such as controlled substances like pain medications, not being used for prescribed purposes.

Legal drug includes any prescribed drug or over-the-counter drug that has been legally obtained and is being used for the purpose for which it was prescribed or manufactured. Under the influence means that the student is affected by drugs or alcohol or the combination of drugs and alcohol in a detectable manner. A determination of such influence can be established by professional opinion, a scientifically valid test, or, in some cases, by a layperson's opinion.

Requirements/Prohibition

Use of Legal Drugs Studies show that long-term heavy drinking and drug use can damage the liver, nervous system, heart, and brain. It may also lead to high blood pressure, stomach problems, medication interactions, sexual problems, osteoporosis, and cancer.

Because of the well-known consequences of drug and alcohol abuse, the university is firmly committed to providing a safe and healthy environment for all students and employees. Consistent with this commitment, the university has a zero-tolerance policy against drug and alcohol abuse.

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Applicable Legal Sanctions

The unlawful possession, use, manufacture, sale, or distribution of illicit drugs and alcohol may result in criminal or civil penalties under federal, state, and local law. The specific penalties applicable to an offense depend on the substance involved, quantity, nature of the conduct, age of the individuals involved, prior offenses, location, and other circumstances.

Federal Law

Federal law prohibits the unlawful possession and distribution of controlled substances. Depending on the offense, substance, quantity, prior convictions, and other circumstances, federal drug violations may result in substantial fines, imprisonment, forfeiture of property, and other criminal penalties.

Federal drug trafficking offenses may carry particularly significant penalties, including substantial terms of imprisonment and fines.

California Law

California law prohibits the unauthorized possession of controlled substances and establishes criminal penalties for unlawful possession, possession for sale, transportation, sale, furnishing, administration, or distribution of controlled substances.

Depending on the substance and circumstances, violations may result in misdemeanor or felony charges, fines, imprisonment, probation, or other penalties.

California law also regulates the possession, purchase, furnishing, and consumption of alcoholic beverages by individuals under 21 years of age. Violations may result in fines, community service, suspension or restriction of driving privileges, and other penalties provided by law.

California law prohibits driving while under the influence of alcohol or drugs. DUI offenses may result in fines, imprisonment, probation, mandatory education or treatment programs, and suspension or revocation of driving privileges. Penalties may increase for repeat offenses or when injury or other aggravating circumstances are involved.

University Disciplinary Sanctions

The use, sale, possession, manufacture, or purchase of illegal drugs, controlled substances, or alcohol while on the premises or while performing University-related activities is strictly prohibited. Those who violate this policy are subject to disciplinary action, up to and including expulsion and referral for prosecution. Local, state, and federal sanctions for unlawful activity relating to drug and alcohol abuse may result in fines and/or incarceration.

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Drug and Alcohol Abuse Prevention Program (DAAPP)

Crestmont University maintains a Drug and Alcohol Abuse Prevention Program (DAAPP) to promote a safe, healthy, and supportive educational and working environment and to educate students and employees regarding the risks associated with alcohol and drug misuse.

The University's DAAPP includes education and information regarding:

- University standards of conduct concerning drugs and alcohol;
- Health risks associated with alcohol and drug use;
- Applicable federal, state, and local legal sanctions;
- University disciplinary sanctions for violations of applicable policies;
- Available treatment, rehabilitation, and support resources; and
- Drug and alcohol prevention and awareness activities.

Crestmont University's drug and alcohol prevention efforts include:

- Annual written distribution of the University's DAAPP to students;
- Drug and alcohol prevention education during annual student orientation;
- Periodic drug and alcohol awareness communications;
- Information regarding health risks, legal consequences, and University disciplinary sanctions;
- Access to treatment, rehabilitation, and support resources; and
- Periodic evaluation of prevention activities through the University's biennial review process.

Students are encouraged to become familiar with this information and seek assistance when needed.

Treatment, Rehabilitation, and Support Resources

Crestmont University provides the following information as a resource for those students who need assistance with avoiding or recovering from alcohol or drug abuse. We encourage any student, staff, or faculty member who needs alcohol or drug abuse information to use directory information, online searches, the telephone book, or referrals from friends, family, and/or professionals.

At a national level, there are also organizations dedicated to providing information and suggestions:

• Substance Abuse and Mental Health Services Administration (SAMHSA)

This agency of the U.S. Department of Health and Human Services provides information online regarding alcohol, drugs, and treatment programs.

Web address: www.samhsa.gov

Treatment programs: findtreatment.samhsa.gov

Phone Number: 1-800-662-HELP (4357)

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- 988 Suicide & Crisis Lifeline

Call or text **988** for crisis support related to mental health, emotional distress, or substance use.

- National Institute on Alcohol Abuse and Alcoholism

Web address: <https://www.niaaa.nih.gov>

Phone Number: (301) 443-3860

- World Health Organization (WHO)

Web address: https://www.who.int/topics/substance_abuse/en/

- National Institute on Drug Abuse

Web address: www.nida.nih.gov

Phone Number: (310) 443-1124

- Alcoholics Anonymous

Web address: <https://www.aa.org/>

- Narcotics Anonymous

Web address: <https://www.na.org/>

Drug and Alcohol Abuse Prevention Program

Crestmont University maintains educational and prevention activities designed to increase awareness of the risks associated with alcohol and drug misuse and to ensure that students and employees understand University expectations and available support resources.

The University's prevention activities include:

- Annual distribution of the University's Drug and Alcohol Abuse Prevention Policy and related prevention information to students;
- Drug and alcohol prevention information provided during annual student orientation;
- Information regarding the health and safety risks associated with alcohol and drug use;
- Information regarding applicable University policies and disciplinary consequences;
- Information regarding applicable federal, state, and local legal consequences;
- Information regarding treatment, rehabilitation, and support resources;
- Periodic drug and alcohol prevention and awareness communications to studentS; and
- Referral to appropriate University, community, and national resources when assistance is requested.

The University periodically reviews its prevention activities and may implement additional educational or awareness initiatives based on institutional needs and the results of its biennial review.

The Drug and Alcohol Prevention Policy must be distributed to students and employees annually. It must also be reviewed every two years to assess the effectiveness and ensure that sanctions are

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being enforced.

At the time of the review, Crestmont University must address the following:

- The number of drug and alcohol-related violations
- The number and type of sanctions imposed by the school related to drugs and alcohol and fatalities related to the school
- Review of the policy must be documented in the Policies Log.